Heart Safe Rhythms



Newsletter of Heart Safe La Plata

Jan. 2020 - Issue #30

This is a good deal! Please do not pass it up.

Stryker is discontinuing the LifePak CR+ AED. They will continue to support it and provide supplies for eight more years, so that those AEDs just purchased will be supported for their full warranty period. Stryker is offering a special buyback option right now. If you would like to trade in your old CR+ AED, they will give you a \$250 rebate on the purchase of a new LifePak CR2 AED. We recommend the semiautomatic version with USB which we can get for \$1,365. So your cost would be \$1,115 plus shipping of \$15.

You can tell how old your current CR+ AED is by looking at the Medtonics Serial Number. If it starts with

- 39, then the warranty expired in 2019,
- 40, then the warranty expires in 2020,
- 41, then the warranty expires in 2021,
- 42, then the warranty expires in 2022,
- 43, then the warranty expires in 2023,
- 44, then the warranty expires in 2024,
- 45, then the warranty expires in 2025,
- 46, then the warranty expires in 2026,
- 47, then the warranty expires in 2027,
- 48, then the warranty expires in 2028.

There are still AEDs in locations with serial numbers starting with 30. These have been out of warranty for nine years!

The cost of pads and batteries will also go up but they can be replaced separately and will last four years instead of two. Pads will cost \$144 and the batteries \$233. So \$377 over four years is still only \$96 per year.

If you are interested in replacing your AED while you can get a rebate, please contact Delaney Rieke or one of our Board Members.

LIFE™ Kits/STOP THE BLEED Kits



Heart Safe La Plata has partnered with Chinook Medical Gear, Inc. to provide Lifesaving Interventions For Emergency (LIFETM) kits at the lowest possible price. These kits are very similar to the Curaplex **STOP The Bleed** kits but are available from a local vendor at a lower price. They include:

BASIC KIT

- (1) Fold-out Product Instructions
- (2) Pairs Nitrile Gloves (Latex Free)
- (1) EMT Scissors
- (1) Tourniquet (SWAT-T®, CAT®, SOF®, SAM XT® or RMT®)
- (1) Compressed Gauze
- (1) Trauma Bandage
- (1) Emergency Survival Blanket



SOF®

RMT®

SAM XT®

#09010

#10010

#11010

Basic LIFE kit	Part #	Retail	Your cost
SWAT	06010	34.75	25.93
CAT	07010	60.95	45.48
SOFTT-W	09010	60.89	45.45
SAM	10010	66.75	49.82
RMT	11010	63.49	47.39

Heart Safe La Plata recommends using at least the C-A-T® or SOF®TT-W orange tourniquet unless you are equipping trained EMS providers. We feel that the SWAT tourniquet is harder for community members to tighten properly.

If you are interested in obtaining LIFE kits for your location, please contact Delaney Rieke at 970-946-2512. You must go through us in order to receive this pricing. We will put you in contact with the right person at Chinook.

Chinook Medical Gear is also offering their higher level intermediate and advanced kits at reduced pricing. The Intermediate Kit with the CAT tourniquet (\$65.58) adds a QuickClot OTC Hemostatic Dressing. The Advanced Kit with the CAT tourniquet (\$78.25) adds a QuickClot OTC Hemostatic Dressing and a HyFin Vent Chest Seal Twin Pack.

We still have a few of the CuraPlex **STOP The Bleed** Kits. Let us know if you would like to purchase some of those.

Board Members

Scott Sholes, President	39
Amy Knight, Vice-President 970-749-323	39
Barbara Lawson, Sec/Treas 970-884-240)6
Kathy Morris	31
Mary Rieke 970-739-007	71
Program Coordinator	
Lisa Garofalo	30
Delaney Rieke	12





For special locations that have a higher likelihood of a mass casualty or active shooter situation, the LIFE kits are available in cloth packs that store 5 kits or in wall-mounted cabinets. Our price on the LIFE Pack with 5 LIFE kits and CAT tourniquets is \$365.75. The wall mounted cabinet with a LIFE Pack in it is \$510.24. Pricing changes with the type of tourniquet selected. If you are in interested in the LIFE kits with other tourniquets, contact Heart Safe La Plata for your pricing.



scan this to access HeartSafelaPlata.org

Durango School District 9R (18 units) Durango Medical Reserve Corp **Current AED Placements** Sports Club Mercy Family Medicine With Stop The Bleed Kits Durango Urgent Care Mercy Medical Office Building (4 units) Animas Dental Associates Durango Welcome Center (sponsored by Durango Mountain Middle School Animas High School Rotary) Oak Family Dentistry Animas La Plata (2 units) Durango West Metro District II Pine River Library Animas Urgent Care Pine River Valley Church Falls Creek Ranch Homeowners (3 units) Axis Health Systems (6 units) First Baptist Church Pine River Senior Center (sponsored by Pinnacle Bank of Colorado First United Methodist Church Surveying) Bank of the San Juans (All 3 branches!) Fitness Solutions 24/7 Red Cedar Gathering (6 units) Bar D Chuckwagon (summer only, sponsored by Florida Grange Rivergate Physical Therapy Mountain Bike Specialist) Rocky Mountain General Store at Vallecito Fort Lewis College (22 units) **Bayfield Marshall (9 units)** San Juan Basin Public Health Department Aquatic Center Bayfield Parks & Rec (sponsored by High Noon (sponsored by SW RETAC) Art Hall Athletic Training Office located in Whalen Employee Fitness Center **Bayfield School District 10 JTR** (8 units) Berndt Hall (2 units) San Juan Public Lands Boys & Girls Club (2 units) Campbell Childcare Center Bayfield Cascade Village (North of Durango) Chemistry Hall Durango (2 locations) Christ the King Lutheran Church Center of Southwest Studies - main lobby Silverton Citizens State Bank of Ouray, Silverton Branch Silverton/San Juan County Sheriff, 4 deputies College Union Building – main lobby City of Durango Community Concert Hall - main lobby Silverton EMS (10 units) Chapman Hill Education Business Hall SKA Brewing City Hall Intramural Teams (2 units) Sky Ute Casino (9 units) **Durango Gymnastics** Jones Hall Southern Ute Tribe General Services Library Annex Building Lake Nighthorse Miller Student Center Construction Services Department Library Natatorium - first aid room Custodial Services Police Dept. Dental Clinic Police Officers (13 units) Old Fort Detention Center (2 units) **Rec Center** (2 units) Physical Plant - near Service Center offices Education Department School Resource officers (4 units) Sitter Hall Environmental Projects Division Smith Sports Complex/Softball Complex Food Distribution Skvhawk Hall Transit Center Growth Fund @ Three Springs Student Life Center - main lobby Colorado Trails Ranch Theater Growth Fund Building Colvig Silver Camps Whalen Gymnasium - south end near Exercise Head Start/Early Start The Commons (sponsored by High Noon Rotary) Science offices Justice and Regulatory Building Country Market at Vallecito Fort Lewis Police (5 units) Lake Capote Crossfire, LLC Four Corners Back Country Horsemen Moache-Capote Building Crossroads Building Four Corner's Materials (Bayfield, Cortez, Durango, Montessori School Dalton Ranch & Golf Club Farmington) Multi-Purpose Building & Chapel Dental Associates of the Southwest (Bayfield and Glacier Club (4 units) Police (6 units) Har Shalom Congregation (donated) Property and Facilities Building Department of Motor Vehicles (sponsored by Heartwood Cohousing - Bayfield Public Health Clinic (4 units) DTW Properties) Hesperus Ski Area Public Health Nurses Vehicles (7 units) **Digestive Health Associates** Hilltop House (donated) Rangers (6 units) Durango & Silverton Narrow Gauge Ignacio School District 11 JT (6 units) Red Willow Production Building 5 trains Junction Creek Family Dentistry Sky Ute Fairgrounds Dispatchers Office Kendall Mountain Lodge (winter only) **SunUte Community Center (3 units)** Museum Dr. Preston Knight, 2301 W. 2nd Ave. Tribal Admin Building (2 units) **Ticket Office** La Plata County **Tribal Court** Durango Arts Center (sponsored by Colorado Utilities Division Office (2 units) **Administration Building** Grand) Courthouse Wastewater Management Durango Central Dispatch Fairgrounds St. Columba Catholic Church & School (3 units) Durango Chamber of Commerce, Santa Rita Ballfields (summer only) St. Mark's Episcopal Church Durango Community Shelter (sponsored by the Exhibit Hall **Strater Hotel** Durango Roller Girls) **Extension Offices** Sunshine Gardens Durango Dental Associates Klatt Arena (summer only) TBK Bank (all 5 branches) Durango Dental Clinic **Human Services** Wal-Mart branch **Durango Dermatology** Jail (2 units) Three Springs Development Durango Dharma Center **Old Main Post Office** Town of Ignacio Durango Electrical Services Inc. Road and Bridge Police (5 units) Durango Elks Lodge Senior Center, 2424 Main Ave Town Hall, 540 Goddard Durango Fire & Rescue Authority (2 units) Sheriff's Officers (21 units) Trimble Spa and Natural Hot Springs Durango Herald Airport (2 units) Twin Buttes Dental Durango Masonic Temple Assoc. Unitarian Universalist Fellowship of Durango La Plata County Search and Rescue **Durango Mountain Resort (7 units)** La Plata Electric Association (Durango & Pagosa Upper Pine River Fire Protection District (2 units) **Purgatory Village Hotel** Springs +6 units in vehicles) VFW (donated) Dante's (winter only) La Plata Family Medicine Vista de Oro Homeowners (2 units) Powder House (winter only) Main Mall Wiminuche Woodfired Grill at Vallecito

Manna Soup Kitchen (sponsored by the Durango

Rotary Club)

WorldPay (2 units)

Security

Mountain Club

Ski Patrol (winter only)

Durango Mountain Master Association/Durango